

# ADVANCED LIFE SUPPORT COURSE

LEVEL 1 (ADULT)

*Presented on board*

Royal Caribbean International

9-Night Cruise to the South Pacific islands

**RADIANCE OF THE SEAS**

**26 OCT - 4 NOV 2019**



Provided by EMTA as an authorised Australian Resuscitation Council course centre



Hosted by

**Cruise SEMINARS**

[cruiseseminars.com.au](http://cruiseseminars.com.au)

# INTRODUCTION




## ADVANCED LIFE SUPPORT COURSE LEVEL 1 (ADULT)

Cruise to the beautiful South Pacific islands while completing an Australian Resuscitation Council Advanced Life Support course Level 1 (Adult). Your venue for this ALS-1 course is Royal Caribbean International's magnificent ship Radiance of the Seas.

Often required by many health care professionals, this ALS-1 certification is suitable for clinicians working in hospitals, general practice, community health and ward-based facilities. The course focuses on developing foundation skills, knowledge and confidence in managing medical emergencies including the rapidly deteriorating patient and cardiac arrest. The ALS-1 course is conducted during the cruise over six sessions of 1-3 hours each, allowing plenty of time to experience the on-board entertainment and enjoy the ports of call.

Departing Sydney on 26 October 2019, this 9-night cruise will visit the beautiful islands of the South Pacific. You can also bring your family and friends; guests not participating in the ALS course only pay the cruise fare component. Don't miss out - places are strictly limited to only 24 candidates.

Departing Sydney on 26 October 2019

-  Australian Resuscitation Council (ARC) course
-  Course provided by EMTA as an authorised ARC course centre
-  Course textbook provided
-  Certificate issued by ARC and valid for 4 years



From conference room to paradise



# COURSE OVERVIEW

This Australian Resuscitation Council Advanced Life Support Level 1 (Adult) course will provide you with the skills and knowledge to manage a patient in the immediate period of crisis. It includes the recognition, assessment and management of the deteriorating patient.

Participants are provided with a comprehensive ARC course workbook prior to the course to prepare for the face-to-face and practical components. This includes those skills for managing a cardiac arrest and other medical emergencies in a clinical setting. The course is facilitated by registered instructors from Emergency Medical Training Australasia - an authorised ARC course centre.

## Course program includes:

- Recognition, assessment and management of the critically ill patient using a structured ABCDE approach
- Basic Life Support and CPR
- Defibrillation skills (Manual and/or AED modes)
- Practical workshops and simulations
- Airway management skills
- Cardiac arrest management
- The most current ARC guidelines, including the COACHED method
- Comprehensive course workbook
- An ARC certificate, issued upon satisfactory completion and valid for 4 years



# CRUISE ITINERARY AND ALS COURSE SESSIONS

## ADVANCED LIFE SUPPORT LEVEL 1 (ADULT)

*Presented on board*

Royal Caribbean International

## RADIANCE OF THE SEAS

9-night cruise to the South Pacific

**26 October - 4 November, 2019**



Saturday, 26<sup>th</sup> October 2019



Embarkation - Welcome Aboard!

14:00-16:00 - Guest Welcome and ALS course registration

16:30 - Radiance of the Seas departs Sydney

Evening - Social meet 'n' mingle for all guests and their cruising companions

Sunday, 27<sup>th</sup> October 2019



### **ALS-1 Course - Didactic Session & Skills Sessions:**

Causes and Prevention of Cardiac Arrest

ALS Universal Treatment Algorithm

Airway & Breathing

The ABCDE Approach

Evening - Complimentary cocktail party for all ALS course guests.

Food and drinks (alcoholic and non-alcoholic) provided!

Monday, 28<sup>th</sup> October 2019



At your leisure - enjoy your day!

Tuesday, 29<sup>th</sup> October 2019



**Isle of Pines, New Caledonia** (arrive 07:00 / depart 16:00)

### **ALS-1 Course - Skills Practice Session**

Afternoon: 1-hour skills practice and Q&A session

Continued over..

Wednesday, 30<sup>th</sup> October 2019



**Maré, New Caledonia** (arrive 10:00 / depart 18:00)

At your leisure - enjoy your day!

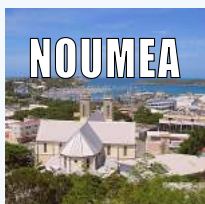
Thursday, 31<sup>st</sup> October 2019



**Vila, Vanuatu** (arrive 07:00 / depart 15:30)

At your leisure - enjoy your day!

Friday, 1<sup>st</sup> November 2019



**Noumea, New Caledonia** (arrive 10:00 / depart 18:00)

**ALS-1 Course - Skills Practice Session**

Afternoon: 1-hour skills practice and Q&A session

Saturday, 2<sup>nd</sup> November 2019



At your leisure - enjoy your day!

Sunday, 3<sup>rd</sup> November 2019



**ALS-1 Course - Didactic and Skills Session:**

ECG Rhythm Recognition

Initial Resuscitation & Defibrillation

Cardiac Arrest Simulations

Evening - Farewell group dinner (subject to availability)

Monday, 4<sup>th</sup> November 2019



**Arrive Sydney** (06:30)

We trust you have enjoyed your ALS-1 course and wish you a safe onward journey

# YOUR ALS-1 COURSE VENUE - RADIANCE OF THE SEAS



## SHIP FACTS

Maiden Voyage: 2001

Enhanced: 2011

Guest Capacity: 2,143

Decks: 13

Max. speed: 25 knots

Length: 293m / 962ft

Tonnage: 90,090 GT

Relax by one of the pools, watch a live band or experience a Broadway-style show - Radiance of the Seas has it all! Featuring a dedicated conference room, many dining options and a variety of bars and lounges, the Radiance of the Seas is the ideal venue to complete your Advanced Life Support - Level 1 (Adult) certification.



## FEATURES & INCLUSIONS

- Complimentary, multi-course breakfast, lunch and dinner in the Cascades Dining Room and more options in the Windjammer Café
- Broadway-style shows, plus guest musical performers, live comedy and more in the spectacular Aurora Theatre
- Bars, lounges and nightclubs such as the sing-along Schooner Bar, the Quill & Compass pub and The Colony Club
- 3 pools and 3 whirlpools plus a full-service Vitality<sup>SM</sup> at Sea Spa
- A rock-climbing wall, sports court, jogging track and a state-of-the-art fitness centre

# ALS-1 COURSE & CRUISE BOOKING INFORMATION

We have selected a limited number of rooms on board the ship in various categories. Choose an inside room for the best value, an ocean-view room for panoramic vistas, or indulge in a balcony room and relax in your own private sitting area.

Bring your family and friends! Guests who are not participating in the ALS-1 course only pay the cruise fare component.\*



## HOW TO BOOK

- 1 Visit Cruise Seminars at [www.cruiseseminars.com.au](http://www.cruiseseminars.com.au)
- 2 Locate the course in the Events menu then click on the Book Now button to enter your details and room preferences.
- 3 A representative from Ecrusing will contact you with information on how to pay your deposit to confirm your ALS-1 course registration and cruise booking\*

Hosted by

**Cruise SEMINARS**

[www.cruiseseminars.com.au](http://www.cruiseseminars.com.au)

In association with

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📞 1300 369 848

\*A non-refundable deposit of \$250 per person is required to confirm your ALS course registration and a \$225 deposit per person is required to confirm the cruise component. A \$25 fee per person applies to all cancelled bookings in addition to any penalties imposed by the cruise line. Deposit must be paid by the due date stated on your invoice to avoid auto-cancellation. ALS course places and cabin availability is limited. The ALS course must be booked in conjunction with the advertised cruise and all bookings and payments are to be made exclusively through Ecrusing. A surcharge of 1% applies to payments made by Visa, Mastercard, American Express and PayPal. Direct-deposit options also available. Final payment due dates as per invoice. Cancellation penalties apply. Conditions apply. Refer to website for details. Information in this brochure correct at time of publishing and is subject to change without notice.