

POSITIVE EDUCATION IN ACTION

A NESAs Registered 15-hour Professional Development Course for Teachers

Presented on board

Carnival Australia
CARNIVAL SPIRIT

8-Night Cruise to the South Pacific
28 SEPTEMBER 2019

(During School Holidays)



Proudly presented by



Bright Happy Schools

Hosted by

Cruise SEMINARS

www.cruiseseminars.com.au



Completing **Positive Education in Action** will contribute **15 hours** of NSW Education Standards Authority (NESAs) Registered PD addressing standard descriptors 4.1.2; 6.2.2 and 6.4.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

COURSE OVERVIEW

POSITIVE EDUCATION IN ACTION

A NESAs Registered Professional Development Course for Teachers

The fabulous Carnival Spirit is the venue for our Positive Education in Action course, presented by **Bright Happy Schools** while you cruise to the tropical islands of the South Pacific. This 15-hour PD course is suitable for **K-12 school teachers** as well as **early childhood teachers**.

Departing from Sydney on 28th September 2019 (during school holidays), this 8-night cruise will visit Noumea, Mare and Isle of Pines. The four half-day workshop sessions are presented during the at-sea days, allowing you plenty of time to enjoy the cruise, socialise with friends and explore the wonderful ports of call.

Proudly presented by



Program Overview

Bright Happy Schools has one major aim – to work with educators to create a better future for our young people – to have a positive, powerful influence that sets them up for success.

The 4 day (15 hour) intensive Positive Education in Action program comprises three of our most popular modules:

- Enabling growth mindsets
- Practising positive communication
- Building optimistic thought patterns

Each module comprises:

Research snapshots

All learning in each module is evidence-based, collected from peer-reviewed journals in relevant fields including neuroscience, cognitive learning, positive psychology and education.

Teacher wellbeing

For each module, teachers work through a 'Weave Into Your Personal Life' self-development challenge to embed each principle into their own lives

Teacher PD for student wellbeing

Practical tips, activities and ideas for implementing the wellbeing principle in the classroom is provided in each module. The aim is to inspire, inform and capture everyday experiences and turn them into dynamic learning opportunities..



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CRUISE ITINERARY AND WORKSHOP SESSIONS

POSITIVE EDUCATION IN ACTION

Presented on board

CARNIVAL SPIRIT

8-night cruise to the South Pacific

28 September - 6 October 2019

(During School Holidays)



Day 1 - Saturday, 28th September 2019



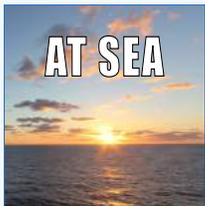
Embarkation - Welcome Aboard!

Meet your onboard host and register with our course facilitators at our Welcome Desk. You'll also receive an exclusive tote bag, pen, notepad and lanyard!

16:00 Carnival Spirit departs Sydney.

21:00 Social meet 'n' mingle for all guests and their cruising companions.

Day 2 - Sunday, 29th September 2019



09:00-13:00 Workshop 1

Enabling Growth Mindsets

One of the most important things you will ever do for your students is to teach them to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning. This is what is referred to as a growth mindset or what a child believes about their intelligence and ability to learn.

Research now shows that when students are taught to have a growth mindset they show a rapid increase in their enjoyment of learning and in their academic results. This module will take you through clear, easy to implement steps to build a growth mindset and dynamically impact your student's future.

This module also gives you strategies and teaching ideas for cultivating strengths, grit and self regulation. It helps you understand the neural basis of self-control and how to shape it through appropriate teaching methods and activities.

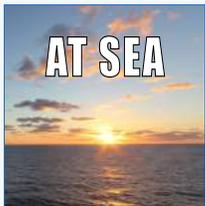
Session Structure:

- What the research says
- Weave into your own life - your personal challenge
- Weave into your teaching - game-changing strategies that work
- Let's play - simple growth mindset ideas, activities and practice

This session will include a short break for brunch (provided).

Evening: Exclusive and complimentary cocktail party for all course participants. Food and drinks provided (both alcoholic and non-alcoholic), courtesy of Cruise Seminars!

Continued over..



09:00-13:00 Workshop 2

Practising Positive Communication

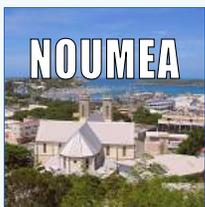
Communicating positively with students helps them develop confidence, feelings of self-worth and good relationships with others. It also makes life more pleasant for everyone.

This module shares science-backed positive communication tips and activities including the ideal praise to criticism ratio and the importance of 'catching the positive' and building positive relationships.

Session Structure:

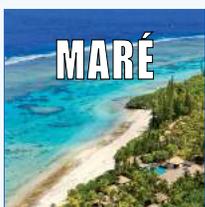
- What the research says
- Weave into your own life - your personal challenge
- Weave into your teaching - game-changing strategies that work
- Let's play - simple communication and 'catching the positive' ideas, activities and practice

This session will include a short break for brunch (provided).



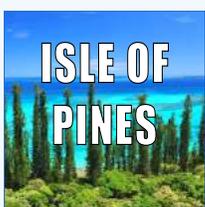
Noumea, New Caledonia (arrive 08:00 / depart 17:00)

Noumea is the capital city of the French territory of New Caledonia and it is one of the largest ports in the South Pacific. It is situated on a peninsula in the south of New Caledonia's main island, Grand Terre, and is home to the majority of the island's European, Polynesian, Indonesian, and Vietnamese populations. The city lies on a protected deep-water harbour which serves as the chief port for New Caledonia.



Maré, New Caledonia (arrive 08:00 / depart 17:00)

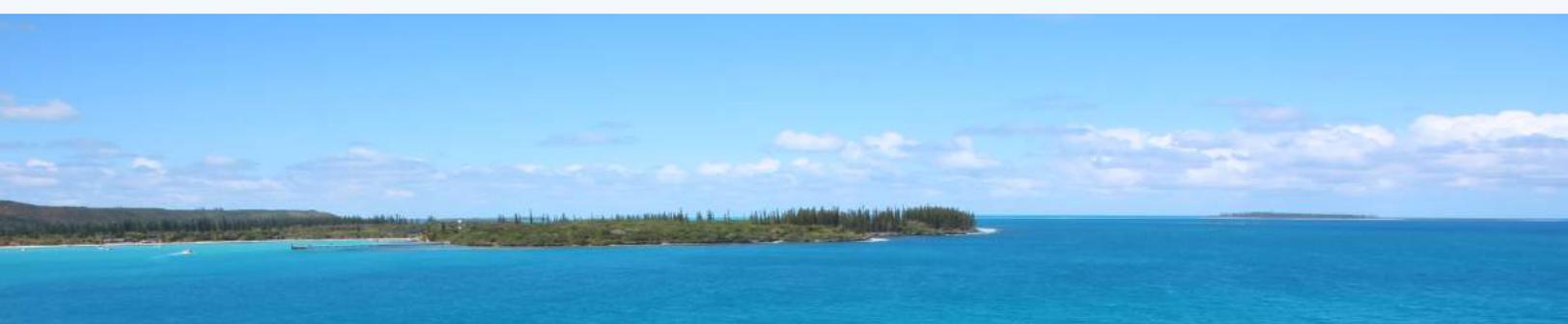
The island of Maré is a commune in the Loyalty Islands Province of New Caledonia, an overseas territory of France in the Pacific Ocean. Maré is a raised coral atoll and is 42km long and 16-33km wide. It lies northeast of Grande Terre, New Caledonia's mainland. The main village on Maré is Tadine, a peaceful little port village. Most cruise ship visitors take a day trip to nearby Yejele Beach for swimming and snorkelling.

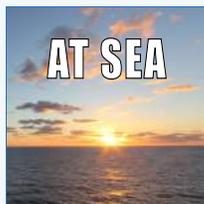


Isle of Pines, New Caledonia (arrive 08:00 / depart 17:00)

The Isle of Pines is an island located in the South Pacific, in the archipelago of New Caledonia, an overseas territory of France. The island lies southeast of Grande Terre, New Caledonia's main island, and southeast of the capital Noumea. It is well known for its snorkelling and scuba diving in and around the lagoon. Many different species of tropical fish and corals can be seen in the transparent water.

Continued over..





09:00-13:00 Workshop 3

Building Optimistic Thought Patterns

This module equips you to help students change the way they talk to themselves about events and how they interpret them. This skill is a powerful ally in our high pressure world and can make all the difference between feeling optimistic and thriving, or feeling disengaged.

This module also looks at the importance of gratitude and how to teach and develop this trait in your students. Ideas for simple gratitude activities you can adapt to suit any grade level is provided.

Session Structure:

- What the research says
- Weave into your own life - your personal challenge
- Weave into your teaching - game-changing strategies that work
- Let's play - simple optimistic thinking and gratitude ideas, activities and practice

This session will include a short break for brunch (provided).



09:00-12:00 Workshop 4

Putting it all together

Reinforcement activities, action plans and strategies to take ideas back to the classroom to really make a difference in young hearts and minds.

Session Structure:

Ideas, activities and personal action plans to ignite positive education in the classroom, including:

- Growth mindsets
- Strengths
- Grit
- Positive communication
- Catching the positive
- Positive relationships
- Optimistic thought patterns
- Gratitude

Evening: Group farewell dinner for all guests and their travelling companions.
(Subject to confirmation and availability)



Sydney, Australia (arrive approx. 06:30)

We trust you have enjoyed our Positive Education in Action course and wish you a safe onward journey home.

MEET YOUR PRESENTER

POSITIVE EDUCATION IN ACTION

We're proud to introduce Leanne Walsh as our presenter for our Positive Education in Action program. Leanne's experience, passion and dedication to enhancing the learning experience of students is reflected in this educational 15-hour NESAs Registered Professional Development program.



LEANNE WALSH

An inspirational educator, researcher, author and speaker, Leanne draws on current research in educational and positive psychology to design and deliver innovative learning solutions that she hopes will change lives. Leanne co-founded Bright Happy Schools to provide learning experiences to educators and students focused on improving wellbeing, performance, resilience and thinking skills to create constructive school cultures and thriving school communities.

Previous positions include Director of Bright Happy Kids, a positive parenting initiative and Director of Gow Learning International where she was an early pioneer in integrating the principles of Positive Psychology within workplaces with her evidence-based 'Inside Out' program, which statistically significantly improved employee psychological well-being.

Leanne has designed and developed over 300 learning resources. She is also the author of several children's books including 'Wonderfully Me' and 'Chicken Eagle', both about helping children grow and flourish and be all they were created to be. Leanne is a Graduate Member of the Australian Institute of Company Directors, has a Master of Education and a Graduate Certificate of Applied Science (Instructional Design).



**Bright Happy
Schools**



YOUR CONFERENCE VENUE - CARNIVAL SPIRIT



SHIP FACTS

Maiden Voyage: 2001

Enhanced: 2012

Guest Capacity: 2,124

Decks: 12

Length: 294m / 964ft

Tonnage: 80,286 GT

You'll be spoilt with so much to see and do on Carnival Spirit. Take a break from the books and laze by the pool or relax in one of the whirlpools. Or indulge in Serenity, Carnival Spirit's adults-only retreat and watch the world go by from your deck chair.

If it's night-time fun you're looking for, Carnival Spirit has more than 6 bars and lounges to choose from featuring all kinds of games, shows and entertainment that'll take you into the early hours!



FEATURES & INCLUSIONS

- Complimentary, multi-course breakfast, lunch and dinner in the main dining room plus additional included options in the Lido Restaurant, Guy's Burger Joint, Pizza Pirate, Blue Iguana Cantina, Fat Jimmy's C-Side BBQ plus more!
- Complimentary Broadway-style entertainment in the Pharaoh's Palace Main Lounge
- More than 6 bars and lounges including a Sports Bar with an energy-filled atmosphere, the Red Frog Rum Bar, Casino Bar, Piano Bar and the Blue Iguana Bar – the onboard spot to chill and enjoy a slushy tequila drink or an ice-cold Mexican cerveza
- Three pools, two whirlpools, the famous Green Thunder water slide and a mini-golf course
- Additional venues include the Punchliner Comedy Club, Spa Carnival, Serenity – an adults-only retreat plus much more
- Rooms feature private facilities (shower, toilet and vanity), TV, writing desk and twin beds that can convert to a queen bed. Some rooms can accommodate up to four guests.



EVENT REGISTRATION & BOOKING INFORMATION

We have selected a limited number of rooms on board the ship in various categories. Choose an inside room for the best value, an ocean-view room for panoramic vistas, or indulge in a balcony room and relax in your own private sitting area.

Bring your family and friends! Guests who are not participating in the conference only pay the cruise fare component (a minimum of one guest per booking must be registered to attend the conference).

Please refer to our website at
www.cruiseseminars.com.au
for pricing and availability.



Don't miss the boat! Only 28 places available in this course.

HOW TO BOOK

- 1 Visit Cruise Seminars at **www.cruiseseminars.com.au**
- 2 Locate the conference in the **Events** menu then click on the **Book Now** button to enter your details and room preferences. No deposit is required at this stage
- 3 A representative from our bookings partners at Ecrusing will contact you with information on how to pay your deposit to confirm your course and cruise booking*

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* A non-refundable deposit of \$250 per person is required to confirm your course registration and a \$275 deposit per person is required to confirm the cruise component. A \$25 fee per person applies to all cancelled bookings in addition to any penalties imposed by the cruise line. Deposit must be paid by the due date stated on your invoice to avoid auto-cancellation. Course places and cabin availability is limited. The course must be booked in conjunction with the advertised cruise and all bookings and payments are to be made exclusively through Ecrusing. A surcharge of 1% applies to payments made by Visa, Mastercard, American Express and PayPal. Direct-deposit options also available. Final payment due dates as per invoice. Cancellation penalties apply. Conditions apply. Refer to website for details. Information in this brochure correct at time of publishing and is subject to change without notice.